

Series: Better Relationships Sermon: Part 4: Wrong Assumptions and Unmet Expectations Date: Sunday, November 5th, 2023

## **<u>2 Major Things That Cause Strife In Our Relationships:</u>**

### 1. Wrong assumptions of others

"You shall not give false testimony against your neighbor." (Exodus 20:16)

We should never make assumptions that we don't check out for ourselves first.

We always want to \_\_\_\_\_\_ with the person, what we are thinking or what we think they are thinking about us.

Fools find no pleasure in understanding but delight in airing their own opinions. (Proverbs 18:2)

In a lawsuit the first to speak seems right, until someone comes forward or cross examines. (Proverbs 18:17)

Verifying Our Assumptions With The Person We Are Assuming About

- a. "Can I check out an assumption with you?"
- b. "I think that you think..... Is this correct?" "I'm wondering about this..... Is this correct?"

It is dangerous to assume that we know what a person is thinking or feeling without asking them.

*Verify the assumption: If we don't have the courage to verify our assumption with the person, then don't assume.* 

## 2. Unmet expectations of others

In order to avoid having unmet expectations of others, we have to \_\_\_\_\_\_ our expectations and not assume. Valid and realistic or not?



Four Main Problems With Many Expectations:
--

- a. They are unconscious
- b. They are unrealistic
- c. They are unspoken
- d. They are unagreed upon

#### Valid Expectations Are:

- a. Conscious
- b. Realistic
- c. Spoken
- d. Agreed upon

An expectation is only valid when it is mutually upon.

People can't know your expectations unless you tell them what your expectations are.

**Questions About Expectations:** 

1. What do you do when someone is not willing to dialogue and agree upon realistic expectations that *you have?* 

2. What happens if I have an agreed upon expectation with someone and they don't do it or are afraid to say no to you?

3. What do I do if God doesn't meet my expectations?

**Bottom Line:** Verify our assumptions and clarify our expectations

# Questions to reflect on this week or with others:

- 1. Have you ever made an assumption of someone without verifying the facts and as a result, you just found yourself getting angrier and angrier at them?
- 2. Who do you need to verify an assumption with?
- 3. What expectations have you been putting on others that are unconscious, unrealistic, unspoken, or unagreed upon?
- 4. Who do you need to clarify an expectation with?

Songs used in service: Trust In God (Elevation Worship), Hermoso Nombre (Hillsong), Walking Free (Micah Tyler), I Surrender (Taya Gaukrodger & Matt Crocker), Jesus (Mike Marshall)

> ------Tear Here -----Any prayer requests?

Email (so we can follow up):\_\_\_\_\_ Name:

What can we be praying for you about?