



Series: Better Relationships

Sermon: Part 2: No Awareness

Date: Sunday, October 22nd, 2023

A person who is unaware of themselves is unaware of how they are affecting their _____.

Search me, O God, and know my heart.... Point out anything in me that offends You, and lead me along the path of everlasting life. (Psalm 139:23-24)

We can so easily point out the faults of _____ as we give them suggestions on how they can improve and do things better.

But when others give us feedback, we can easily get angry or defensive.

Becoming More Aware of Ourselves

- *What is it like to be on the other side of my emails?*
- *What is it like to be on the other side of my parenting?*
- *What is it like to be on the other side of my texts or social media comments?*
- *What is it like to be married to me?*
- *What is it like to be related to me?*
- *What is it like to be in meetings with me?*
- *What is it like to work with me?*
- *What is it like to work for me?*
- *What is it like to be on the sidelines of my kid's games with me?*
- *What is it like to be coached by me?*
- *What is it like to be on a team with me?*
- *What is it like to travel with me?*
- *What is it like to do holidays with me?*
- *What is it like to be on a date with me?*
- *What is it like to live next to me?*
- *What is it like to be my friend?*
- *What is it like when I correct you?*

Becoming More Aware

a. Awareness of _____

b. Awareness of _____

Until we are ready to surrender and talk with God, the change in us can't begin.

c. More aware of _____

Biomythography: "a style of composition that weaves myth, history, and biography in epic narrative"

"My life would be so much better if they would just..."



Asking ourselves: “If I would just...”

Instead of just blaming other people if they would just do this or just do that, it is instead looking at ourselves and asking what we may need to do.

The point of self awareness is that it leads us to want to _____.

Next Steps Towards Becoming More Aware of Ourselves

1. Ask God to search and examine you

Let us examine our ways and test them, and let us return to the Lord. (Lamentations 3:40)

“God, what is it like to be on the other side of me?”

2. Ask someone else that you trust to give you feedback about what it is like to be on the other side of you

Initial Questions:

- a. *What is it like to be on the other side of me?*
- b. *What are my strengths?*
- c. *What are my blind spots?*
- d. *What areas do I need to work on?*

Follow Up Questions:

- a. *What happened and why did you perceive that about me?*
- b. *How often do I do that?*
- c. *How did it make you feel when I did or said that?*
- d. Apologize if necessary

Bottom Line: “*What is it like to be on the other side of me?*”

Questions to reflect on this week or with others:

1. What kind of atmosphere do you bring to your relationships?
2. How do you typically receive feedback from others? Do you become angry and defensive or do you receive it well as you move towards change in your life?
3. In what relationships in your life do you need to ask yourself: “If I would just...” instead of saying “the other person should just...”
4. Why is it so important to include God and others we trust in the process of becoming more aware of ourselves?

*Songs used in service: Build My Live (Pat Barrett), Give Me Faith (Elevation Worship)
The Change In Me (Casting Crowns), Jireh (Maverick City Music & Elevation Worship)*

-----Tear Here -----

Any prayer requests?

Name: _____ **Email (so we can follow up):** _____

What can we be praying for you about?